

SFCASA News



May 2022

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M, A, Y,

Fostering Change Gala These Are Our Kids

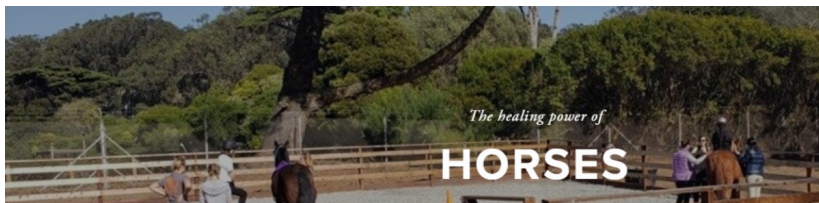
Thank you to our entire community, especially our CASA volunteers for making the Fostering Change Gala such a success! We raised a record \$1.2 million and will kick off our new program year with additional funds to invest in our new growth goals. Check out the [beautiful video that we debuted at the Gala](#), created by Duncan Channon. You can also view the entire streamed program, including our inspiring young speaker Nia, (starting at the 1:11:30 mark) [here](#).

CNN Huddle

The CASA Community Network (CCN) is a network for CASAs, organized by CASAs and hosted by CASAs. We share, lean in and on, and support each other through events, such as The Huddle.

Sometimes we learn from an expert guest speaker in continuing education sessions. In The Huddle we learn from experts - ourselves - we have collective years of expertise among us. We are a network of support - who better understands the ups, the downs, the joys, the challenges than we do.

Please join us for our next Huddle for informal sharing with and supporting of each other in our next meeting on **May 23rd at 6PM**. You may register for the event [here](#).



Hanging with the Horses

If you serve a young person who could benefit from a safe, low-key, fun time learning about horses please ask them if they'd like to come to "Hanging with the Horses". We have partnered with Brady Therapeutic Riding, located at the SF Zoo, to offer SFCASA youth a chance to learn about being present, letting go of stories, and being aware of their body via relationships with gentle rescue horses. There are no foster youth labels or jargon at "Hanging with the Horses", just a time and space to learn, grow and heal. This project is generously co-sponsored by National Council of Jewish Women.

Please contact Program Manager Sue Lockyer (sue@sfcasa.org) for more information or to get started with "Hanging with the Horses", or visit Brady Therapeutic Riding [website](#) to learn more.

Free Bikes and Safety Gear For Youth and Families!

SFCASA is teaming up with our friends at the San Francisco Bike Coalition (SFBC) to provide free bikes and safety gear (helmet, lights and a lock) to SFCASA youth and families. The event will be held **Saturday, June 18th** at a location near the 24th Street and Mission BART station. We will share registration information and the time of the event (likely late morning and early afternoon) in the next two weeks. In the meantime please reach out to your Case Supervisor with any questions you may have.



Marin Mental Health Festival

Join the Marin County Youth Commission on Saturday May 7th, for interactive workshops and activities surrounding mental health and wellbeing!



Workshops will include supporting activists' mental health, at-risk communities and their allies, and activities for general well-being practices. Optional breakfast will be available at 9:30 am; the event starts promptly at 10:00 am. Lunch will be provided. You may learn more about the event [here](#).



SF Juvenile Probation Virtual Paint n' Sip Fundraiser for SFCASA

Mark your calendars for San Francisco Juvenile Probation Department's upcoming fundraiser to benefit SFCASA! Come paint "Starry Night Over San Francisco" and be in virtual community with SF Juvenile Probation and SFCASA staff, community partners, friends and family on June 3rd from 6:30 PM - 8:00 PM.

The painting will be led by Paint The Town, and there are two options to participate: "Lite-includes the virtual paint class, canvas, paints and brushes for \$45" and "Full-includes all above plus an easel, and higher quality paint palette, brushes, etc for \$60".

Profits will directly benefit SFCASA's Sunshine Fund, a grant that is 100% used on youth needs & treats!

Contact Luna at Luna@sfcasa.org to sign up.



The poster features a scenic background of a forest with tall trees and a blue sky. On the left, there are three overlapping photos: the top one shows two young women smiling; the middle one shows a group of people gathered around a campfire at night; the bottom one shows a young man wearing a green helmet and a backpack. The text on the poster reads: "2022 CAMP MATHER TEEN OUTDOOR EXPERIENCE 10TH ANNIVERSARY!!!". Below this, it lists details: "WHO: YOUTH AGES 14-17 WHO RESIDE OR ATTEND SCHOOL IN SAN FRANCISCO", "WHERE: CAMP MATHER IN THE HIGH SIERRAS", "WHEN: THURSDAY, AUGUST 25TH - SUNDAY, AUGUST 28TH", and "SELECTED APPLICANTS WILL BE NOTIFIED BY JULY 1, 2022". A yellow-bordered box contains contact information: "FOR MORE INFORMATION EMAIL: CAMPMATHERTOE@GMAIL.COM PHONE: ADRIAN GARCIA (415) 680-7715 RICARDO GARCIA-ACOSTA (415) 672-3660". A QR code is also present, with the text "COMPLETED APPLICATIONS ARE DUE NO LATER THAN MAY 27, 2022". At the bottom, it says "PROGRAM BROUGHT TO YOU IN PARTNERSHIP WITH" and shows logos for the San Francisco Police Department, the Department of Recreation and Parks, and the San Francisco Office of the Youth Advocate.

Camp Mather Violence Prevention Teen Camping Trip to Yosemite

San Francisco Juvenile Probation Department is hosting the 10th annual camping trip for San Francisco teens ages 14-17 in Yosemite's Camp Mather (youth do not have to be on probation to participate).

The Teen Outdoor Experience is a 4 day overnight summer camp for teen boys and girls 14-17 years of age who are residents or attend school in San Francisco. **The dates are Thursday, August 25th to Sunday, August 28th,**

2022. Participants will engage in comprehensive outdoor recreational activities to demonstrate their potential in becoming outdoor recreational leaders. As part of the camping experience, selected participants will be recruited into a leadership program, given the opportunity to assist in other camps in the Parks & Recreation Department, and gain valuable experience to become leaders and mentors in their communities. This camping/leadership opportunity will open the doors to job placement and training in the SF Parks and Rec department and the SF Police Department.

At the camp, youth will participate in many activities including horseback riding, a ropes course, hiking, traditional camp games, and so much more.

Applications consist of a short personal essay, completed application packet, a letter of recommendation, and the youth must be vaccinated, and are **due by May 27th**. CASAs are also welcome to attend.

Please contact Luna at luna@sfcasa.org for the application or for more information.

Time to Plan for Summer

Please check in with the youth you serve, and their caregivers, to learn about any summer plans. If no plans are in place, please help them find and register for summer camps, jobs, internships and activities. Please see the [SFCASA Summer Programs 2022](#) to learn about a wide variety of academic, job readiness and just plain fun summer activities.



Earning CE Credit

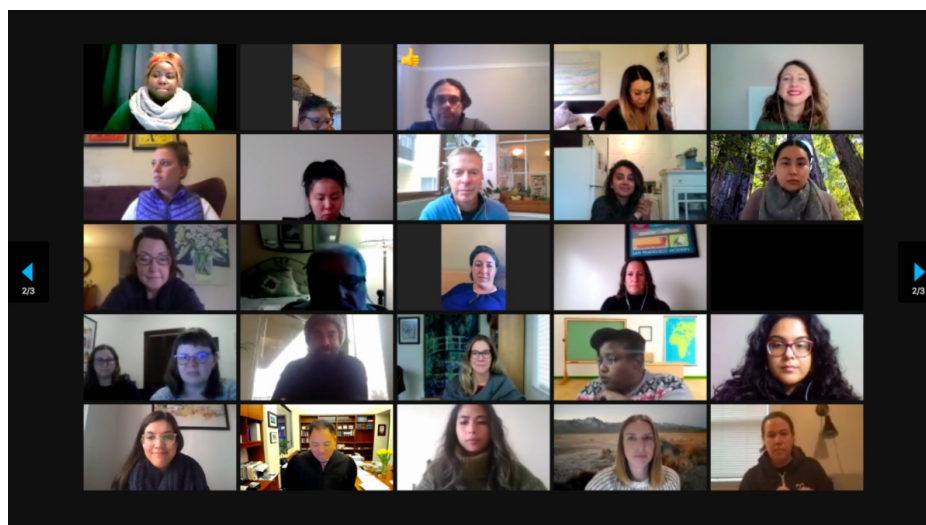
This is a friendly reminder that you will need a minimum of 12 CE credits each year, 4 of which will be through SFCASA trainings.

Please use the same email that you shared in Advocate Link when you register for SFCASA CEs. It helps us to give you CE credit.

When you have completed independent continuing education, such as a book or movie, you can request credit from your Case Supervisor via AL. Please click [here](#) to learn how to do it.

Upcoming SFCASA CE Opportunities

Enhance the impact of your advocacy!



Crisis Advocacy
on Wednesday, May 4th, 2022, 6:00 – 8:00 PM on Zoom (2CE Credits)with

Alison Roeser

This CE will focus on how to both navigate your own emotions when your youth is in crisis in addition to practical strategies you can use in the moment. This will be a workshop format with breakout rooms and will include experienced CASAs who have supported their youth in a crisis so we can continue to learn from each other. You'll walk away with a better understanding of what you can do in advance of a crisis, what is yours to do in the moment, and how to take care of yourself along the way.

Register [here](#)

Self-Awareness & Resiliency when working with Youth in Foster Care

on Monday, May 16, 2022, 6:00 - 8:00 PM on Zoom. (2 CE Credits) with Dr. Natalia Estassi

As CASA volunteers we are in close proximity to children and families who have and may continue to experience trauma. This can put a lot of strain on CASA volunteers. Support is here! Participants will explore the importance of reflecting on your own experiences and developmental stages when working with youth in foster care. In this training Natalia will explore the importance of boundaries, self-care, cultural sensitivity and tips to positively impact relationships with youth in foster care. We will also explore resiliency in youth.

Register [here](#)

Impact of Sexual Abuse on Children in Foster Care & COVID-19 Effect on Commercial Sexual Exploitation of Children

on Monday, June 6, 2022, 6:00 - 8:00 PM on Zoom (2 CE Credits) with Dr. Natalia Estassi.

This training focuses on defining sexual abuse, and how to recognize signs and symptoms related to sexual abuse and trauma in children at various stages of their development. Information will be presented on sexual abuse and the traumatic impact it can have on children and adolescents. Examine the connection between sexual abuse and sexual exploitation, reproductive health issues, and how to talk to teens about healthy relationships

Register [here](#)

Increasing self-awareness and self care for CASAs and Youth

on Wednesday, June 15, 2022 at 6-8pm -In Person- @2533 Mission St. (2 CE Credits) with Life Coach and CASA Allison Roeser

Becoming more self-aware helps us to manage our thoughts, emotions, and behaviors rather than allowing them to manage us. The process of identifying our emotions and understanding our values is a lifelong process that is never too late (or early) to begin. Increased self-awareness paves the way for practicing and modeling self-management and self-care which is such an important part of the CASA role. Join us CASA and Life Coach Allison Roeser to explore and practice a variety of self-awareness and self-care activities. Expressive arts, body scans and calming breath are just a few things you can practice on your own and/or together with the youth you serve. Since we value learning from each other, feel free to share any self-care and expressive techniques you have found useful in the CASA role.

Register [here](#)

CSEC Support Group

on Wednesday, June 22, 6:00-8:00pm -In-Person- @ 2533 Mission St. (2 CE credits). With Rakiah Kennedy and Sue Lockyer.

Supporting youth involved in (or at risk of) CSEC is hugely challenging for CASAs. If you serve a youth with clear or some concern of sexual exploitation, please join us for this unique support group. During our time together we will focus on supporting and learning from each other, reflection on points of advocacy, identification of next steps and resources.

Register [here](#)

Trauma in Education

Wednesday, June 29, 6-8pm via Zoom (2 CE credits). With Jill Rowland and Elana Zada of Alliance for Childrens' Rights

Over 70% of youth in foster care aged 7 and above present with trauma and/or mental health symptoms which can impact their education in many ways. In this training you will learn about the impacts of trauma on brain development, relationships, behaviors and learning outcomes in school. We will explore strategies to support safe and trauma informed educational support to promote resilience for the youth you serve.

Register [here](#)

Do you have ideas for future CEs? Let us know by emailing training@sfcasa.org

Transitional Age Youth/ Non-Minor Dependent Corner (TAY/NMD)

Let's Celebrate the Graduates!

If you serve a youth who will graduate from high school please help SFCASA to properly celebrate their accomplishment. Make sure the mailing address for them in A.L. is correct, because SFCASA will send a \$200 visa gift card to them upon graduation. Please be thinking about how you want to help them celebrate with family and/or caregivers – grad gifts and support for celebrations (décor, meal) can be reimbursed with prior Case Supervisor approval.



**New Door Ventures
Paid Employment
Program Opportunity**



PAID JOBS FOR 16-24 YEAR OLDS

NEW DOOR VENTURES
3221 20th st, sf, ca 94110

GET PAID \$18.00/HR, 15/HRS A WEEK

PROGRAM OUTLINE:

- **Mandatory 2 Week orientation 2-5 PM**
 - Week of 5/9 (Mon, Wed, Fri)
 - Week of 5/16 (Mon, Wed, Fri)
- **Weekly employment workshop starting 5/31, Tuesday, 3:30 - 5 PM**
- **1-on-1 case management**

Scan to apply



APPLICATION DEADLINE 5/4/22

REQUIREMENTS

- FACING EMPLOYMENT BARRIERS
- HAVE LITTLE TO NO WORK HISTORY
- LOW INCOME
- HAVE A SOCIAL SECURITY NUMBER

New Door Ventures is offering a paid job program for 16-24 year olds including a 2 week orientation, weekly employment workshop and 1-1 case management. The deadline to apply is **May 4th, 2022**. You can learn more about New Door Ventures and apply [here](#).

Summer Internships

ENTERPRISE
for YOUTH
Founded 1969

GREEN CAREERS

2022 SUMMER INTERNSHIP

EARN UP TO \$1,300 !

SPEND SUMMER OUTDOORS AND LEARN ABOUT THE ENVIRONMENT, GREEN CAREERS, AND ECOLOGY IN SAN FRANCISCO PARKS. JUNE 13-JULY 29, 2022

- Develop your resume and transferable work skills
- Build, plant, maintain, and design gardens and other projects in San Francisco Parks
- Learn about year round opportunities such as retail training and jobs, resume and interview support, and leadership development

Scan here to sign up →

CALL: 628-900-8131 • INFO@ENTERPRISEFORYOUTH.ORG

Enterprise for Youth Green Careers Summer Internship

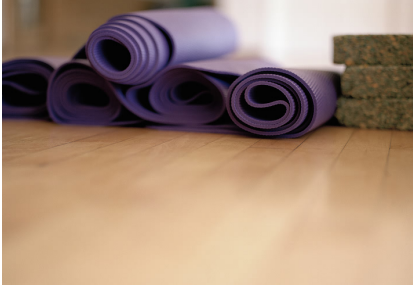
Youth ages 16-21 can earn up to \$1,300 while spending summer outdoors learning about the environment, green careers and ecology in SF. July 13 – 29, 2022. Register [Here](#)

Opportunities for ALL

Internship opportunities for youth ages 13-24.
Apply [here](#).

Fellowship Program for young adults aged 18-25 who have graduated high school or gotten their GED.
Apply [here](#).

Upcoming SFCASA Health Festival



SFCASA will be collaborating with community partners to host a health event in June! The event will be packed with information around the COVID-19 vaccine, holistic health, mental health, and reproductive health! Youth will be able to engage in activities and learning by visiting the various tables and community organizations! Please keep an eye

out for further information within the upcoming weeks! Feel free to contact TAY coordinator and Case Supervisor, Theodora Liebhart, with any questions!

CASA Tip of the Month

Have a special occasion coming up for your youth? Birthdays, graduations, adoptions, awards and reunifications are wonderful times to celebrate your youth with a special custom cake or set of cupcakes from Cake4Kids. You may request by reaching out to your case supervisor or email [PA Assistant](#).

