



# SFCASA News

## April 2022

**THESE ARE  
OUR KIDS**  
*April  
29*

*Fostering Change*

A GALA BENEFITTING FOSTER YOUTH

6 P.M. at the Ritz Carlton, San Francisco

GALA CHAIRS

*Jeff & Keri Davidson*

*Kirsten Wolfe & Andrew Brown*

## This Month! Fostering Change Gala

The Fostering Change Gala is fast approaching! Join us on April 29<sup>th</sup> as we hear a remarkable young person tell their story of foster care and what their advocate has meant to them. You can also participate in our live and silent auction, where we have some incredible packages taking shape! Tickets are still available for the virtual program and charcuterie delivery. Purchase tickets [here](#).

## It's Time for Summer Activity Planning

If you haven't already, it's time to check-in with the youth you serve, and their caregivers, to learn about any summer plans. As their CASA, you can help them find and register for summer camps, jobs, internships and activities.

Please see the [SFCASA Summer Programs 2022](#) to learn about a wide variety of academic, job readiness and just plain fun summer activities. You can also feel free to do a search in the area where the youth lives to find more summer activities.

*Thank you for helping to set youth up for success and fun this summer!*

## Welcome Back Nemo!



Beloved court dog Nemo is ready to return to court, to accompany and provide emotional support to youth who attend hearings. CASAs can request Nemo at: [Nemo@sfcasa.org](mailto:Nemo@sfcasa.org).

Check out Nemo's video [HERE](#)

## SOAR Program at UC Berkeley for Rising 7<sup>th</sup>-9<sup>th</sup> Graders

***If you support a young person currently in 6-8th grade (from any county), SFCASA strongly encourages you to support them to apply to SOAR!***

The SOAR (Support, Opportunities & Rapport) program from UC Berkeley is an amazing summer opportunity for youth in grades 6-8 that can lead to important educational progress, year round community connections and college preparedness. Once admitted into the program, each SOAR youth receives 5-10 years of sustained support. 93% of SOAR high school seniors graduated on time and 92% of those graduates went on to college, 38% to a 4-year college.

In 2022, this one-week pre-collegiate academy will take place from **Sunday, July 10 to Saturday, July 16** on the University of California, Berkeley campus. The application packet for the Prepare To SOAR academy can be downloaded from UC Berkeley's website [here](#).

***The application deadline is Saturday, April 30***(post-marked). Applicants must be foster youth currently in grades 6-8 (beginning grades 7-9 in Fall 2022), with an academic GPA over a C average, who are currently residing in the Bay Area.

## Earning CE Credit

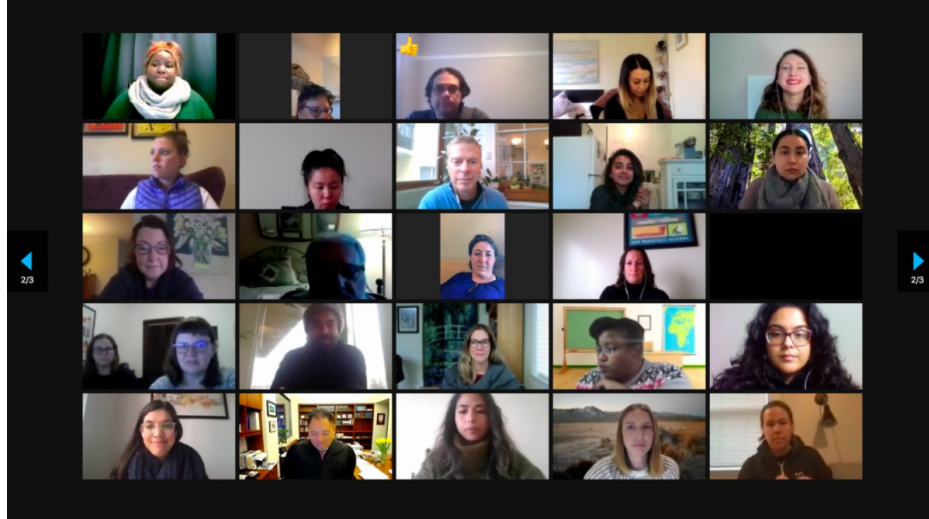
This is a friendly reminder that you will need a minimum of 12 CE credits each year, 4 of which will be through SFCASA trainings.

Please use the same email that you shared in Advocate Link when you register for SFCASA CEs. It helps us to give you CE credit.

When you have completed independent continuing education, such as a book or movie, you can request credit from your Case Supervisor via AL. Please click [here](#) to learn how to do it.

## Upcoming SFCASA CE Opportunities

*Enhance the impact of your advocacy!*



**Working with Families on Monday, April 4th from 6:00 - 8:00 PM on Zoom (2 CE Credits) with Dr. Natalia Estassi**

Experienced CASAs know that establishing and maintaining positive relationships with the family and caregivers of youth is key to supporting stable placements and relationships for youth. For most children, relationships with family members, previous caregivers, friends and others are valued. Contact can be very important in helping children develop their sense of identity and understand their lives. Research says that maintaining links between a child and their families increases the possibility of them returning to their family home. This training will provide strategies and discussion of ways to provide consistency, stability and safety (a child needs to feel safe and trust) and have good boundaries with families and caregivers.

Register [here](#).

**Harm Reduction 101 Wednesday, April 6, 2022, 6:00 - 8:00 PM on Zoom (2 CE Credits) with Joey Hess.**

A Harm Reduction approach recognizes that young people have valid reasons for the choices they make. It supports them in thinking through their feelings and options with a focus on safety. Asking questions that help a young person see the discrepancy between their actions and their desired goals, known as Motivational Interviewing (MI), is a technique that can support a young person toward positive change. Please join us for an evening of practice and learning with Joey Hess, who will provide a Harm Reduction workshop focusing on the relevant use of the Motivational Interviewing strategy. There will also be time for case-specific questions. We look forward to seeing you there!

Register [here](#)

**Good Hair Video Screening and Discussion on Wednesday, April 20, 2022, 6:00 - 8:00 PM on Zoom. (2 CE Credits) with SFCASA Case Supervisor Rakiah Kennedy**

Join us for a movie screening and discussion of Good Hair! To holistically advocate for African American youth in the foster care system means making sure that their hair fits in with cultural norms. This means ensuring that it is moisturized, put in a protective style, and/or shaped up and much more. This shows respect for that young person, their culture, their family, and their own person. Hair for the black community is more than just hair as it holds many historical, emotional, cultural and



community ties.

Register [here](#).

### **CASA Community Network (CCN) - Huddle**

**Monday, April 25, 6-7pm on Zoom (1 CE credit)**

All CASAs are welcome to join!

Register [here](#)

**Crisis Advocacy on Wednesday, May 4th, 2022, 6:00 – 8:00 PM on Zoom (2CE Credits)** with Alison Roeser.

This CE will focus on how to both navigate your own emotions when your youth is in crisis in addition to practical strategies you can use in the moment. This will be a workshop format with breakout rooms and will include experienced CASAs who have supported their youth in a crisis so we can continue to learn from each other. You'll walk away with a better understanding of what you can do in advance of a crisis, what is yours to do in the moment, and how to take care of yourself along the way.

Register [here](#).

**Self-Awareness & Resiliency when working with Youth in Foster Care on Monday, May 16, 2022, 6:00 - 8:00 PM on Zoom. (2 CE Credits) with Dr. Natalia Estassi**

As CASA volunteers we are in close proximity to children and families who have and may continue to experience trauma. This can put a lot of strain on CASA volunteers. Support is here! Participants will explore the importance of reflecting on your own experiences and developmental stages when working with youth in foster care. In this training Natalia will explore the importance of boundaries, self-care, cultural sensitivity and tips to positively impact relationships with youth in foster care. We will also explore resiliency in youth.

Register [here](#)

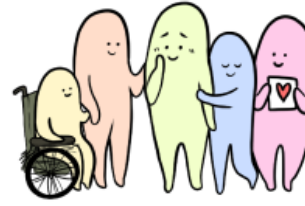
*Do you have ideas for future CEs? Let us know by emailing [training@sfcasa.org](mailto:training@sfcasa.org)*

## **Online Sex Ed for Youth in Foster Care**

Please ask the PSW if the youth you serve has received their state required sexual and reproductive health education at school. If they have not, you can let them know about this online course. *Teen Talk Youth in Alternative Settings* is tested by former youth in foster care, is medically and legally accurate, and meets the state requirement (SB89) for all foster youth to receive sex ed twice (once in middle and one in high school). There are lots of dates open between now and June – see more [HERE](#).

# ONLINE SEX ED FOR YOUTH IN FOSTER CARE

- ✓ **MEETS SB 89 REQUIREMENTS FOR YOUTH IN FOSTER CARE**
- ✓ **TESTED BY FORMER YOUTH IN FOSTER CARE**
- ✓ **TAUGHT BY PLANNED PARENTHOOD PASADENA-SAN GABRIEL VALLEY EDUCATORS**



## WHAT IS TEEN TALK?

Teen Talk Youth in Alternative Settings (YAS) is an adaptation of Teen Talk, a curriculum created by Health Connected and used in many CA schools.

- A state-compliant sex ed curriculum
- Reviewed by former foster youth and adapted for youth in foster care
- Complies with laws related to the rights of youth in foster care
- Vetted for medical and legal accuracy

## ELIGIBILITY

- Youth in foster care, with open cases with DCFS or suitably placed through probation
- Youth ages 12-17, or enrolled in high school
- Headphones & personal devices that connects to Zoom

## SB 89 & CHILD WELFARE

- Requires to verify youth has received compliant sex ed
- If youth haven't received it, requires to ensure youth receive sex ed
- Youth must receive sex ed once in middle school and once in high school
- (CA Ed Code Sections 51930-51939)

To enroll in a series, GO TO:  
[fosterreprohealth.org](http://fosterreprohealth.org)

TO STAY INFORMED, GO TO:  
[tinyurl.com/TTYASinterest](http://tinyurl.com/TTYASinterest)



Made possible by Grant Number 1 TP2AH000066-01-00 from the HHS Office of Population Affairs

## Transitional Age Youth/ Non-Minor Dependent Corner (TAY/NMD)

### Summer Internships

#### Enterprise for Youth Green Careers Summer Internship

Youth ages 16-21 can earn up to \$1,300 while spending summer outdoors learning about the environment, green careers and ecology in SF. July 13 – 29, 2022. Register [Here](#)

ENTERPRISE  
for YOUTH  
founded 1969

# GREEN CAREERS

2022 SUMMER INTERNSHIP

**EARN UP TO \$1,300 !**

SPEND SUMMER OUTDOORS AND LEARN ABOUT THE ENVIRONMENT, GREEN CAREERS, AND ECOLOGY IN SAN FRANCISCO PARKS. JUNE 13-JULY 29, 2022

- Develop your resume and transferable work skills
- Build, plant, maintain, and design gardens and other projects in San Francisco Parks
- Learn about year round opportunities such as retail training and jobs, resume and interview support, and leadership development


Scan here to sign up → 



CALL: 628-900-8131 • INFO@ENTERPRISEFORYOUTH.ORG

## Enterprise for Youth "This Way Onward" Summer internship

Enterprise for Youth also offers "This Way Onward" summer internship at Old Navy where youth can earn up to \$2000 getting retail experience. Register [Here](#)



## THIS WAY ONward!


Work at Old Navy and earn up to \$2000 this summer!

- Get expert retail training from Old Navy employees
- Get paid \$150 to complete 4 hours of training
- Guaranteed interview + a chance to intern at Old Navy!


Virtual Retail Power Camp Starts May 2nd!

1. Attend and complete Job Readiness Training + Retail Power Camp
2. Apply and interview for internship
3. Begin your internship!

Scan the QR Code below to sign up!



**ENTERPRISE**  
for YOUTH  
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## Opportunities for ALL

**Internship** opportunities for youth ages 13-24.  
Apply [here](#).

**Fellowship Program** for young adults aged 18-25 who have graduated high school or gotten their GED.  
Apply [here](#).

**SFYouthWorks Paid Summer Internships**



[SF YouthWorks](#) is a *paid internship program for 11th and 12th graders* (must reside in SF or attend school in SF) in San Francisco city government departments.

This school year SFYouthWorks invites interns back for in person job opportunities! *The application is due no later than April 8, 2022* and [available here](#).

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## Financial Aid

It is time to support youth to complete the FAFSA for 2022-2023! Did you know that 85% of foster youth dream of going to college yet only 3-11% go on to complete 4 year degrees? Housing and financial aid concerns are two of the greatest barrier and there's A LOT of financial support available out there to support youth in achieving the dream of a college education.

### [Free Application for Federal Student Aid \(FAFSA\): Deadline 6.30.22](#)

FAFSA is used to apply for state financial aid, like Cal Grant and the Middle Class Scholarship, federal financial aid programs like Pell Grant, and institutional aid from colleges like the Blue and Gold Scholarship or the State University Grant.

### [Chafee Grant](#)

The California Chafee Grant Program gives free money to current or former foster youth enrolled in vocational school or college courses at least half-time and making satisfactory academic progress.

### **California Tuition Waiver**

While this tuition waiver exists, very few if any, foster youth qualify for the waiver because it requires that all other forms of aid be used before it kicks in. Run through the [CalGrant](#) program, this grant pays the equivalent of full tuition at a CSU or UC campus or up to \$9,220 at a private non-profit institution. Foster youth are given special consideration in that they are not subject to time out of high school requirements (the grant is available up to age 26 rather than just one year after high school) and the grant is available for 8 years rather than 4. Community college students qualify for the California College Promise Grant (CCPG) which pays full tuition costs for any low-income student at our community colleges.

## ***CASA Tip of the Month***

*Your Case Supervisor is a resource for you!*

*Please reach out anytime you have questions, are seeking resources for youth, or just want to express yourself.*

